



Department of Medical Education (DME) Fatima Jinnah Institute of Dental Sciences, Lahore

1ST Year BDS Class Session (2025-2026)

Weekly Planner Block 2 Module 4 Foundation 2 Week 1

Time		8:00-9:00	9:00-10:00	10:00-11:00	11:00-11:30	11:30- 12:30	12:30-1:30	1:30-2:30
Day	Date							
Monday	6/1/2026	Block 1 Written (MCQs) Examination						
Tuesday	6/2/2026	Block 1 OSPE/Practical Examination						
Wednesday	6/3/2026	Biochemistry Dr. Sidra	Oral Biology Dr. Afsheen	Pharmacology Dr.Isham	Break	Oral Pathology Dr.Rabiya	Dental Radiology Dr. Abru	Library Dr.Neha Usman
Thursday	6/4/2026	Oral Biology Dr. Afsheen	Pharmacology Dr.Isham	Biochemistry Dr. Attirish		Oral Pathology Dr. Aneeqa	CFRC Dr.Kashif	PRISME Dr.Rida
Time	Date	8:00-9:00	9:00-10:00	10:00-11:00		11:00-12:00	12:00-1:00	1:00-2:00
Friday (online)	6/5/2026	General Pathology (AIMC) Dr.Imran	Microbiology (AIMC) Dr.Kokab	Pharmacology SGD Dr. Gulzaib		Parents-Teacher Meeting (PTM) Roll No. 1-16 (Dr. Sadia) Roll No. 17-32 (Dr. Isham) Roll No. 33-48 (Dr. Attirish)		
Saturday (online)	6/6/2026	General Pathology (AIMC) Dr.Imran	Microbiology (AIMC) Dr.Kokab	Oral Biology Dr. Afsheen		Biochemistry SGD Dr. Sohaib	Pak Studies Dr.Sohail/Dr.Amber	Oral Biology SDL Dr. Nida Niazi
Exam feedback will be given at the start of this week's lectures by respective In-charges								

Deans' Approval
FJIDS, Lahore

Prepared by: Dr. Sadia Hassan (Block In-charge), Dr. Isham Saleem, Dr. Attirish Rao (Module In-charges)

Dental Education Department

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1ST Year BDS Class Session (2025-2026)

Weekly Planner Block 2 Module 4 Foundation 2 Week 2

Time		8:00-9:00	9:00-10:00	10:00-11:00	11:00-11:30	11:30- 12:30	12:30-1:30	1:30-2:30
Day	Date							
Monday	6/8/2026	Biochemistry Dr. Sidra	Oral Biology Dr. Afsheen	Pharmacology Dr.Isham	Break	Oral Pathology Dr.Rabiya	Oral Biology Lab Dr. Nida Niazi	
Tuesday	09-06-2026	Dental Radiology Dr. Abru	Pharmacology Dr.Isham	Biochemistry Dr. Attirish		Oral Pathology Lab Dr. Naureen		PRISME Dr. Qurat ul ain
Wednesday	10-06-2026	Oral Biology Dr. Afsheen	CFRC Dr.Kashif	Pharmacology Dr.Isham		Holy Quran/Civics Dr.Usman	Oral Biology Lab Dr. Nida Niazi	
Thursday	11-06-2026	Oral Biology Dr. Afsheen	Biochemistry Dr. Attirish	Oral Pathology Dr. Aneequa		Pharmacology Lab Dr. Isham	Dental Radiology Lab Dr.Abru	Library Dr.Neha Usman
Time	Date	8:00-9:00	9:00-10:00	10:00-11:00		11:00-12:00	12:00-1:00	1:00-2:00
Friday (Online)	12-06-2026	General Pathology (AIMC) Dr.Imran	Microbiology (AIMC) Dr.Kokab	Oral Biology Dr. Afsheen		Pak Studies Dr.Sohail/ Dr.Amber		
Saturday (Online)	13-06-2026	General Pathology (AIMC) Dr.Imran	Microbiology(AIMC) Dr.Kokab	Dental Radiology Dr. Abru		Oral Biology SGD Dr. Nida Niazi	Oral Pathology SGD Dr. Naureen	Biochemistry SDL Dr. Sohaib


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1ST Year BDS Class Session (2025-2026)

Weekly Planner Block 2 Module 4 Foundation 2 Week 3

Time		8:00-9:00	9:00-10:00	10:00-11:00	11:00-11:30	11:30- 12:30	12:30-1:30	1:30-2:30
Day	Date							
Monday	7/13/2026	Oral Biology Dr. Amna	Biochemistry Dr. Attirish	Pharmacology Dr. Isham	Break	Oral Pathology Dr. Aneeqa	Oral Biology Lab Dr. Nida Niazi	Biochemistry SDL Dr. Sohaib
Tuesday	7/14/2026	Biochemistry Dr. Attirish	Oral Biology Dr. Amna	Oral Pathology Module Test Dr. Aneeqa		Pharmacology Lab Dr. Isham	Biochemistry SGD Dr. Sidra	Holy Quran/ Civics Dr. Usman
Wednesday	7/15/2026	Dental Radiology Dr. Abru	Oral Biology Dr. Amna	Biochemistry Dr. Attirish		Pharmacology Lab Dr. Isham	Pak Studies Dr.Usman / Dr. Azeem	Library Dr. Neha Usman
Thursday	7/16/2026	Pharmacology Dr. Isham	Biochemistry Dr. Attirish	Oral Biology Module Test Dr.Amna		CFRC Dr. Bilal Yousaf	Oral Biology Lab Dr. Nida Niazi	Pharmacology SDL Dr. Gulzaib
Time	Date	8:00-9:00	9:00-10:00	10:00-11:00	11:00-12:00	12:00-12:30	12:30-1:30	1:30-2:30
Friday	7/17/2026	Oral Biology Dr. Amna	Biochemistry Dr. Attirish	Pharmacology Module Test Dr. Isham	PRISME Dr. Kashif			
Saturday (AIMC)	7/18/2026	General Pathology Lab Dr. Imran	Microbiology Lab Dr. Lalarukh			Break	General Pathology SDL Dr. Imran	Microbiology SGD Dr. Lalarukh

Note: All classes, including those scheduled on Friday and Saturday, will be conducted **on campus**.

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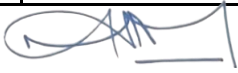


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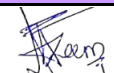
Weekly Planner Block 2 Module 5 Craniofacial 2 Week 1

Time		8:00-9:00	9:00-10:00	10:00-11:00	11:00-11:30	11:30- 12:30	12:30-1:30	1:30-2:30
Day	Date							
Monday	7/20/2026	Oral Biology Dr. Amna	Biochemistry Dr. Attirish	Physiology Dr. Anum	Break	Anatomy Dr. Sadia	Anatomy Lab Dr. Abru	Biochemistry SDL Dr. Sohaib
Tuesday	7/21/2026	Anatomy Dr. Sadia	CFRC Dr. Bilal Yousaf	Anatomy Dr. Abru		Physiology Dr. Anum	Oral Biology Lab Dr. Nida	Pak Studies Dr.Usman
Wednesday	7/22/2026	Physiology Dr. Anum	Oral Biology Dr. Amna	Biochemistry Dr. Attirish		Anatomy Lab Dr. Sadia		Library Dr. Ali Altaf
Thursday	7/23/2026	Anatomy Dr. Sadia	Physiology Dr. Anum	Anatomy Dr. Abru		Holy Quran/ Civics Dr. Usman	Oral Biology SGD Dr. Nida	Physiology SDL Dr. Anum
Time	Date	8:00-9:00	9:00-10:00	10:00-11:00	11:00-12:00	12:00-12:30	12:30-1:30	1:30-2:30
Friday	7/24/2026	Physiology Dr. Anum	Biochemistry Dr. Sidra	Physiology SGD Dr. Anum	PRISME Dr. Komal			
Saturday (AIMC)	7/25/2026	Microbiology Dr.Kokab	Microbiology Dr.Kokab	Microbiology SGD Dr. Lalarukh		Break	Microbiology SDL Dr. Lalarukh	


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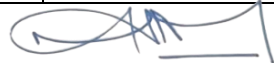


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1ST Year BDS Class Session (2025-2026)

Weekly Planner Block 2 Module 5 Craniofacial 2 Week 2

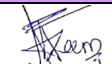
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Day	Date							
Monday	7/27/2026	Oral Biology Dr. Amna	Biochemistry Attirish Dr.	Physiology Dr. Anum	Break	Anatomy Dr. Sadia	Anatomy Lab Dr. Abru	Biochemistry SDL Dr. Sohaib
Tuesday	7/28/2026	Anatomy Dr. Usman	PRISME Ali Zain Dr.	Anatomy Dr. Abru		Physiology Dr. Anum	Oral Biology Lab Dr. Nida	Pak Studies Dr.Usman
Wednesday	7/29/2026	Physiology Dr. Anum	Oral Biology Dr. Amna	Biochemistry Dr. Sidra		Anatomy Lab Dr. Sadia		Library Dr. Ali Altaf
Thursday	7/30/2026	Anatomy Dr. Sadia	Physiology Anum Dr.	Anatomy Dr. Abru		Holy Quran / Civics Dr. Usman	Oral Biology SGD Dr. Nida	Physiology SDL Dr. Anum
Time	Date	8:00-9:00	9:00-10:00	10:00-11:00	11:00-12:00	12:00-12:30	12:30-1:30	1:30-2:30
Friday	7/31/2026	Physiology Dr. Anum	Biochemistry Dr. Attirish	Oral Biology Dr. Afsheen	Anatomy SGD Dr. Sadia			
Saturday (AIMC)	8/1/2026	Microbiology Dr.Kokab	Microbiology Dr.Kokab	Microbiology SGD Dr. Lalarukh		Break	Microbiology SDL Dr. Lalarukh	



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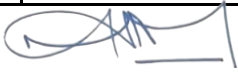


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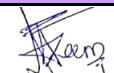
Weekly Planner Block 2 Module 5 Craniofacial 2 Week 3

Time		8:00-9:00	9:00-10:00	10:00-11:00	11:00-11:30	11:30- 12:30	12:30-1:30	1:30-2:30
Day	Date							
Monday	8/3/2026	Oral Biology Dr. Amna	Biochemistry Dr. Attirish	Physiology Dr. Anum	Break	Anatomy Dr. Usman	Anatomy Lab Dr. Abru	Biochemistry SDL Dr. Sohaib
Tuesday	8/4/2026	Anatomy Dr. Sadia	PRISME Dr. Rida Anjum	Anatomy Dr. Abru		Physiology Dr. Anum	Oral Biology Lab Dr. Nida	Pak Studies Dr.Usman
Wednesday	8/5/2026	Physiology Dr. Anum	Oral Biology Module Test Dr. Amna	Biochemistry Dr. Attirish		Anatomy Lab Dr. Sadia		Library Dr. Ali Altaf
Thursday	8/6/2026	Anatomy Dr. Sadia	Physiology Module Test Dr. Anum	Anatomy Dr. Abru		Holy Quran/ Civics Dr. Usman	Oral Biology SGD Dr. Nida	Physiology SDL Dr. Anum
Time	Date	8:00-9:00	9:00-10:00	10:00-11:00	11:00-12:00	12:00-12:30	12:30-1:30	1:30-2:30
Friday	8/7/2026	Physiology Dr. Anum	Biochemistry Dr. Sidra	Oral Biology Module Test Dr. Afsheen	Anatomy SGD Dr. Sadia			
Saturday (AIMC)	8/8/2026	Microbiology Dr.Kokab	Microbiology Dr.Kokab	Microbiology SGD Dr. Lalarukh		Break	Microbiology SDL Dr. Lalarukh	


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1ST Year BDS Class Session (2025-2026)

Weekly Planner Block 2 Module 6 Neurosciences 1 Week 1

Time		8:00-9:00	9:00-10:00	10:00-11:00	11:00-11:30	11:30- 12:30	12:30-1:30	1:30-2:30
Day	Date							
Monday	8/10/2026	Physiology Dr. Anum	Biochemistry Dr. Attirish	Pharmacology Dr. Isham	Break	Anatomy Dr. Usman	Physiology Lab Dr. Anum	Biochemistry SGD Dr. Sohaib
Tuesday	8/11/2026	Anatomy Dr. Sadia	Physiology Dr. Anum	Anatomy Dr. Abru		Physiology Dr. Anum	PRISME Dr.Qurat ul Ain	Pak Studies Dr.Usman
Wednesday	8/12/2026	Physiology Dr. Anum	Pharmacology Dr. Isham	Biochemistry Dr. Attirish		Anatomy Lab Dr. Sadia		Library Dr. Ali Altaf
Thursday	8/13/2026	Anatomy Dr. Sadia	Physiology Dr. Anum	Anatomy Dr. Abru		Physiology SGD Dr. Anum	Holy Quran/ Civics Dr. Usman	Pharmacology SDL Dr. Gulzaib
Time	Date	8:00-9:00	9:00-10:00	10:00-11:00	11:00-12:00	12:00-12:30	12:30-1:30	1:30-2:30
Friday	8/14/2026	Holiday (Independence Day)						
Saturday (AIMC)	8/15/2026	Microbiology Dr.Kokab	Microbiology Dr.Kokab	Microbiology SGD Dr. Lalarukh		Break	Microbiology SDL Dr. Lalarukh	


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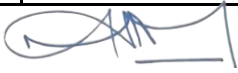


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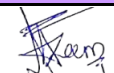
Weekly Planner Block 2 Module 6 Neurosciences 1 Week 2

Time		8:00-9:00	9:00-10:00	10:00-11:00	11:00-11:30	11:30- 12:30	12:30-1:30	1:30-2:30
Day	Date							
Monday	8/17/2026	Physiology Dr. Anum	Biochemistry Dr. Attirish	Pharmacology Dr. Isham	Break	Anatomy Dr. Usman	Physiology Lab Dr. Anum	Biochemistry SDL Dr. Sohaib
Tuesday	8/18/2026	Anatomy Dr. Sadia	Physiology Dr. Anum	Anatomy Dr. Abru		Physiology Dr. Azeem	Biochemistry SGD Dr. Sohaib	Holy Quran/ Civics Dr. Usman
Wednesday	8/19/2026	Physiology Dr. Anum	Pharmacology Dr. Isham	Biochemistry Dr. Attirish		Anatomy Lab Dr. Sadia		Library Dr. Ali Altaf
Thursday	8/20/2026	Anatomy Dr. Sadia	Physiology Dr. Anum	Anatomy Dr. Abru		Pharmacology Dr. Isham	Physiology Dr. Azeem	Pharmacology SDL Dr. Gulzaib
Time	Date	8:00-9:00	9:00-10:00	10:00-11:00	11:00-12:00	12:00-12:30	12:30-1:30	1:30-2:30
Friday	8/21/2026	Biochemistry Dr. Sidra	Physiology Dr. Anum	PRISME Dr. Kashif Adnan	Physiology SGD Dr. Azeem			
Saturday (AIMC)	8/22/2026	Microbiology Dr.Kokab	Microbiology Dr.Kokab	Microbiology SGD Dr. Lalarukh		Break	Microbiology SDL Dr. Lalarukh	


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Weekly Planner Block 2 Module 6 Neurosciences 1 Week 3

Time		8:00-9:00	9:00-10:00	10:00-11:00	11:00-11:30	11:30- 12:30	12:30-1:30	1:30-2:30
Day	Date							
Monday	8/24/2026	Physiology Dr. Anum	Biochemistry Dr. Attirish	Pharmacology Dr. Isham	Break	Physiology Lab Dr. Anum		Biochemistry SDL Dr. Sohaib
Tuesday	8/25/2026	Anatomy Dr. Sadia	Physiology Dr. Anum	PRISME Research Assignment Dr. Rida		Physiology Dr. Azeem	Holy Quran/ Civics Dr. Usman	Library Dr. Ali Altaf
Wednesday	8/26/2026	Holiday (Eid-Milad-un-Nabi)						
Thursday	8/27/2026	Anatomy Dr. Sadia	Physiology Dr. Anum	Anatomy Dr. Abru	Break	Pharmacology Dr. Isham	Physiology Dr. Azeem	Pharmacology SDL Dr. Gulzaib
Time	Date	8:00-9:00	9:00-10:00	10:00-11:00	11:00-12:00	12:00-12:30	12:30-1:30	1:30-2:30
Friday	8/28/2026	Biochemistry Dr. Attirish	Physiology Dr. Anum	Anatomy Dr. Usman	Physiology SGD Dr. Azeem			
Saturday (AIMC)	8/29/2026	Microbiology Dr.Kokab	Microbiology Dr.Kokab	Microbiology SGD Lalarukh Dr.		Break	Microbiology SDL Dr. Lalarukh	


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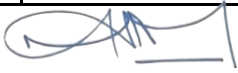


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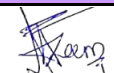
Weekly Planner Block 2 Module 6 Neurosciences 1 Week 4

Time		8:00-9:00	9:00-10:00	10:00-11:00	11:00-11:30	11:30- 12:30	12:30-1:30	1:30-2:30
Day	Date							
Monday	8/31/2026	Physiology Dr. Anum	Biochemistry Dr. Attirish	Anatomy Dr. Sadia	Break	Pharmacology Dr. Isham	Anatomy Dr. Sadia	Biochemistry SDL Dr. Sohaib
Tuesday	9/1/2026	Anatomy Dr. Sadia	Physiology Dr. Anum	Anatomy Dr. Abru		Physiology Dr. Anum	Pharmacology SGD Dr. Isham	Library Dr. Ali Altaf
Wednesday	9/2/2026	Physiology Dr. Anum	Pharmacology Dr. Isham	Physiology Lab Dr. Anum		Biochemistry Module Test Dr. Attirish		Pharmacology SDL Dr. Gulzaib
Thursday	9/3/2026	Anatomy Dr. Sadia	PRISME Research Assignment Dr. Rida			Anatomy Dr. Abru	Physiology Lab Dr. Anum	Holy Quran/ Civics Dr. Usman
Time	Date	8:00-9:00	9:00-10:00	10:00-11:00	11:00-12:00	12:00-12:30	12:30-1:30	1:30-2:30
Friday	9/4/2026	Biochemistry Dr. Attirish	Physiology Dr. Anum	Physiology Module Test Dr. Anum	Anatomy Dr. Usman			
Saturday (AIMC)	9/5/2026	Microbiology Dr.Kokab	Microbiology Dr.Kokab	Microbiology SGD Lalarukh Dr.		Break	Microbiology SDL Dr. Lalarukh	


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1ST Year BDS Class Session (2025-2026)

Weekly Planner Block 2 Module 7 Alveolocemental Complex 1 Week 1

Time		8:00-9:00	9:00-10:00	10:00-11:00	11:00-11:30	11:30- 12:30	12:30-1:30	1:30-2:30
Day	Date							
Monday	9/7/2026	Oral Biology Dr. Asrar	PRISME Research Assignment Dr. Rida		Break	Oral Biology Dr. Amna	Periodontology Dr. Yousaf	Oral Biology SDL Dr. Nida
Tuesday	9/8/2026	Periodontology Dr. Sittara	Oral Biology Dr. Afsheen	PRISME Research Assignment Dr. Rida		Dental Radiology Dr. Abru	Oral Biology Lab Dr. Afsheen	Holy Quran/ Civics Dr. Usman
Wednesday	9/9/2026	Oral Biology Dr. Asrar	Anatomy Dr. Sadia	Periodontology Dr. Yousaf		Oral Biology Dr. Afsheen	Dental Radiology Dr. Abru	Library Dr. Ali Altaf
Thursday	9/10/2026	CFRC Dr. Anum	Oral Biology Dr. Asrar	Dental Radiology Dr. Abru		Anatomy Dr. Sadia	Oral Biology Lab Dr. Afsheen	Oral Biology Lab Dr. Nida
Time	Date	8:00-9:00	9:00-10:00	10:00-11:00	11:00-12:00	12:00-12:30	12:30-1:30	1:30-2:30
Friday	9/11/2026	Oral Biology Dr. Amna	Anatomy Module Test Dr. Usman	Oral Biology Dr. Asrar	Periodontology SGD Dr. Sittara			
Saturday (AIMC)	9/12/2026	Microbiology Dr. Shahbaz	Microbiology Dr. Shahbaz	General Pathology Dr. Imran	Break	General Pathology Dr. Imran	General Pathology Lab Dr. Imran	Microbiology SDL Dr. Shahbaz


Deans' Approval
 FJIDS, Lahore

Prepared by: Dr. Sadia Hassan (Block In-charge), Dr. Isham Saleem, Dr. Attirish Rao (Module In-charges)

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Department of Medical Education (DME) Fatima Jinnah Institute of Dental Sciences, Lahore

1ST Year BDS Class Session (2025-2026)

Weekly Planner Block 2 Module 7 Alveolocemental Complex 1 Week 2

Time		8:00-9:00	9:00-10:00	10:00-11:00	11:00-11:30	11:30- 12:30	12:30-1:30	1:30-2:30
Day	Date							
Monday	9/14/2026	Oral Biology Test Dr. Afsheen	Periodontology Dr. Yousaf	Oral Biology Dr. Amna	Break	Oral Biology Lab Dr. Nida	PRISME Dr. Sadia	
Tuesday	9/15/2026	Oral Biology Dr. Afsheen	Community Dentistry Dr. Kashif	Dental Radiology Dr. Abru		Oral Biology Lab Dr. Afsheen	Periodontology Junior Clinics Dr. Sittara	Oral Biology SDL Dr. Nida
Wednesday	9/16/2026	Periodontology Dr. Sittara	Oral Biology Dr. Asrar	Community Dentistry Dr. Kashif		Oral Biology Dr. Afsheen	Dental Radiology Lab Dr.Abru	Library Dr. Ali Altaf
Thursday	9/17/2026	Oral Biology Dr. Amna	Community Dentistry Dr. Kashif	Dental Radiology Dr. Abru		Holy Quran/ Civics Dr. Usman	Oral Biology Lab Dr. Nida	Periodontology SDL Dr. Maria
Time	Date	8:00-9:00	9:00-10:00	10:00-11:00	11:00-12:00	12:00-12:30	12:30-1:30	1:30-2:30
Friday	9/18/2026	Oral Biology Dr. Asrar	Periodontology SGD Dr. Yousaf	Oral Biology Dr. Amna	Community Dentistry Dr. Kashif			
Saturday (AIMC)	9/19/2026	Microbiology Dr. Shahbaz	Microbiology Dr. Shahbaz	General Pathology Dr. Imran	Break	General Pathology Dr. Imran	General Pathology Lab Dr. Imran	Microbiology SDL Dr. Shahbaz


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1ST Year BDS Class Session (2025-2026)

Weekly Planner Block 2

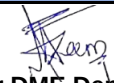
Assessment Week

Time		8:00-9:00	9:00-10:00	10:00-11:00	11:00-11:30	11:30- 12:30	12:30-1:30	1:30-2:30
Day	Date	Prep Leaves						
Monday	9/21/2026							
Tuesday	9/22/2026							
Wednesday	9/23/2026							
Thursday	9/24/2026							
Friday	9/25/2026	Block 2 Written (MCQs) Examination						
Saturday	9/26/2026	Block 2 OSPE / OSVE / OSCE Examination						


Deans' Approval
FJIDS, Lahore

Prepared by: Dr. Sadia Hassan (Block In-charge), Dr. Isham Saleem, Dr. Attirish Rao (Module In-charges)

Dental Education Department


Director DME Department
FJIDS, Lahore